

RAISING STUTTERING AWARENESS IN THE CZECH REPUBLIC



CZECH REPUBLIC - some facts

- ca 10 mil inhabitants
- language: Czech



SPEECH THERAPY

- SLTs: clinical SLTs (700) and school SLTs
- stuttering is still considered a taboo, many SLTs do not know what to do and still use old approaches (based on fluency shaping)
- almost no support groups and collective therapies
- generally no emphasis on evidence-based research, SLTs themselves influenced by coaches and other people without relevant education

WORK WITH CLIENTS



CHILDREN AND THEIR PARENTS

- breaking taboo in families
- intensive work with parents using videos
- many "emergency" calls from parents, online consultations
- therapy based on EBP (DCM, PCI)
- Palin Parent Rating Scales

TEENAGERS AND ADULTS

- shift from being an SLT to being a guide
- they take responsibility for the process of therapy
- group sessions and intensive course
- clients are often willing to talk about stuttering with future SLTs which I find crucial for training
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SLT PROFESSIONAL TRAINING



MAIN ACHIEVEMENTS

Association of Clinical Speech Pathologists - two courses for SLTs before their professional exam, run twice a year, one of a few courses run online in Spring 2021 during lockdown

Trainings for SLTs - clinical SLTs come for a week to our office and learn about stuttering, its diagnosis and options for therapy

New university subject at Masaryk university - only about stuttering

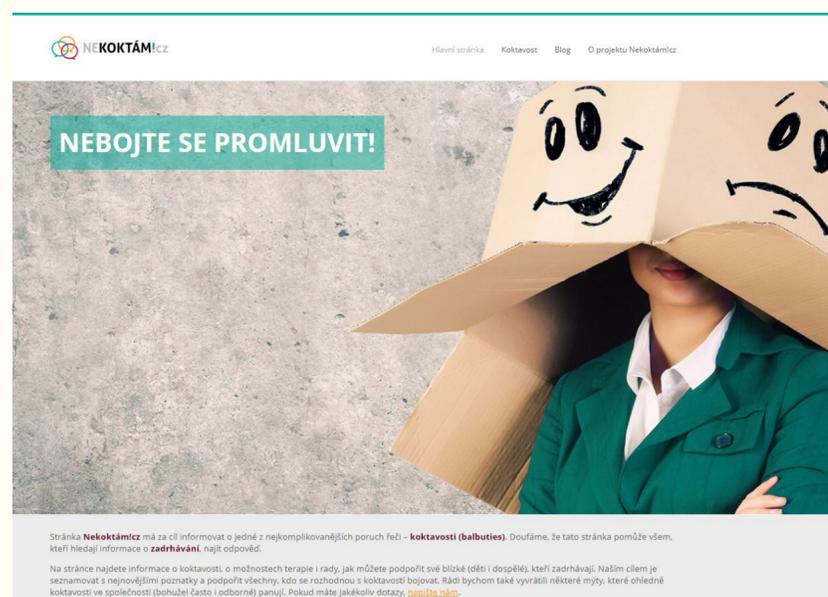
Cooperation with students - BA and MA thesis, raising stuttering awareness at social media and websites

MEDIA



WEBSITES

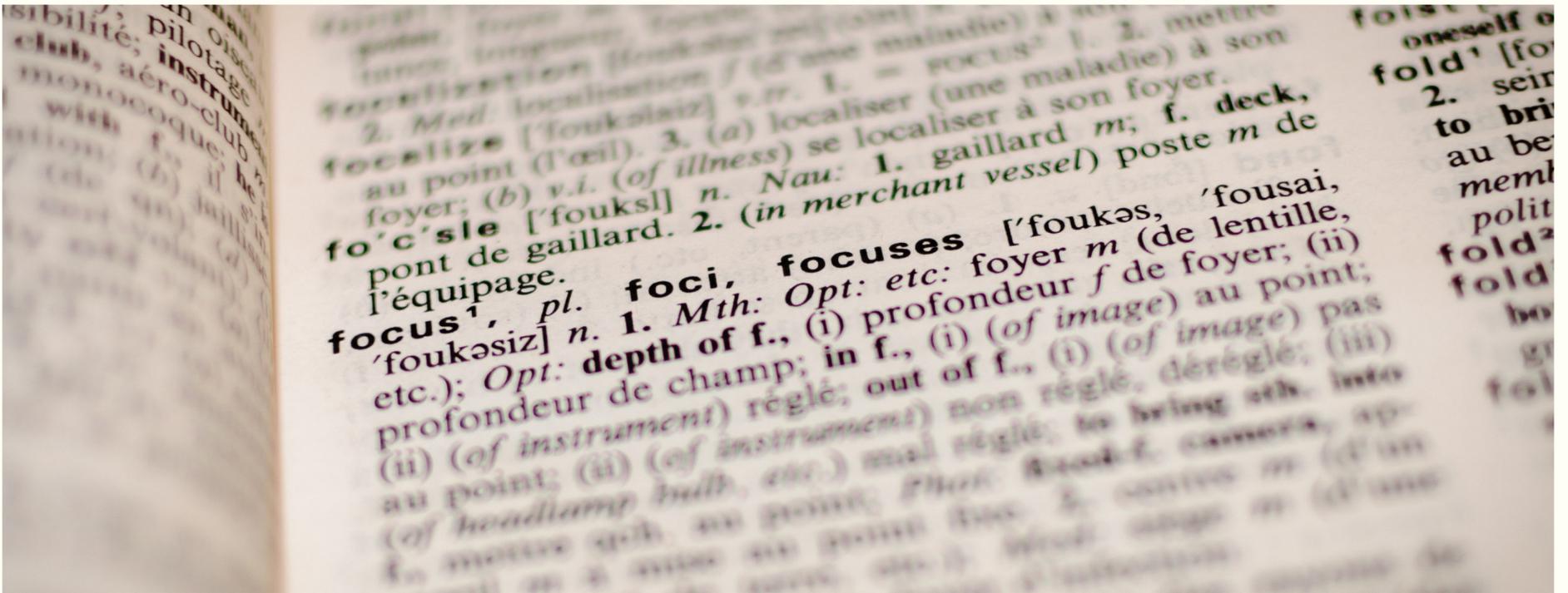
nekoktam.cz (information about stuttering and news) - recently with facebook page (as a support group and information for everybody interested in helping people who stutter)



NEWSPAPERS

Recently, we have also started to work with a magazines and media where we promote the topic and also focus on early intervention in CHWS.

TESTS AND RESEARCH



BAB - Martine Vanryckeghem, Gene J. Brutten

- The Behavior Assessment Battery (**BAB**) for Adults who Stutter: Speech Situation Checklist (**SSC**), Emotional Reaction and Speech Disruption Section (**SD**), the Behavior Checklist (**BCL**) and the Communication Attitude Test for Adults (**BigCAT**)
- piloting and translation as part of my PhD studies

OASES - J. Scott Yaruss

- Overall Assessment of the Speaker's Experience of Stuttering OASES-A (Adult) for individuals ages 18 and above, OASES-T (Teenage) for teenagers ages 13-17
- and OASES-S (School-Age) for children ages 7-12
- piloting

PPRS - Palin Parent Rating Scales

- Czech version available at the website
- used by SLTs to find out how parents react to stuttering of their child

PASS Ad

- one of 4 countries in this research
- more about it in my presentation