



**A WORKSHOP  
SPONSORED BY THE  
INTERNATIONAL FLUENCY  
ASSOCIATION.**

**WORKING WITH PRIMARY SCHOOL-AGED CHILDREN WHO STUTTER: AN INTRODUCTION TO  
BUILDING CORE CLIENT AND THERAPIST SKILLS.**

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**Course Aims**

This one day workshop will introduce participants to core principles of therapy for this age-group, namely working collaboratively with families to deliver integrative, strengths-focused, evidence-based therapy. Participants will be shown a process for understanding individual needs and a model for integrating core components of therapy. There will be an opportunity to practise and discuss selected skills and further training resources will be signposted. This course is particularly appropriate for speech and language therapists working with primary school children who stutter.

**Course Content**

- Setting the scene: a multifactorial approach to understanding stuttering;
- Working collaboratively with clients: how we do this and why it matters;
- Getting the most out of goal-setting: how to help clients identify what is important for them;
- Bringing communication skills into focus: an over-view of a step-by-step process;
- Working skilfully with fluency techniques: when to introduce techniques and when less is more;
- Three ways to build clients' confidence and help them move towards their goals;
- Measuring the impact of therapy: challenges and resources.

**Learning outcomes:**

**At the end of this workshop participants will be familiar with:**

- a model for stuttering which incorporates physical, linguistic, environmental and psychological factors;
- a solution-focused approach to goal-setting;
- the Michael Palin Centre therapy programme for supporting fluency through a family-based, communication skills approach;
- critical issues in clinical decision-making about when and how to introduce fluency techniques;
- practical strategies for building children's, and parents' confidence in managing stuttering.

*This one day workshop, sponsored by the International Fluency Association, is a 'taster' and further training opportunities will be signposted during the day.*